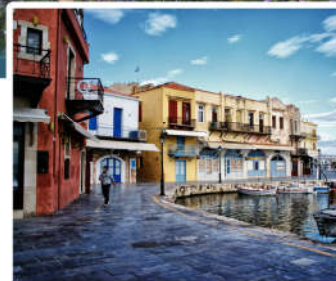


7TH EURIPA RURAL HEALTH FORUM

RURAL RENAISSANCE

PANORMO, CRETE, GREECE
2ND-4TH NOVEMBER, 2017



CONTACT

Clinic of Social and Family Medicine, School of Medicine,
University of Crete – School of Medicine- Department of
Social Medicine -P.O. Box: 2208, 71003 Iraklion, Crete, Greece
Tel.: +30 2810 394614 (Mrs. Dimitra Sifaki Pistolla)
Fax: +30 2810 394614
e-mail info@euripaforum2017.eu

VENUE

PANORMOS, SENSIMAR ROYAL BLUE RESORT & SPA HOTEL
[HTTP://WWW.ROYALBLUERESORT.COM/](http://www.royalblueresort.com/)

visit us at <http://euripaforum2017.eu>



7th Health
Region
of Crete

Municipality
of Mylopotamos

Ministry
of Health

SYGENIAR
Association of General
Practitioners NMS
Primary Health Care of
Rethymnos Crete

PROGRAMME AT A GLANCE

Thursday, November 2, 2017

| | | |
|---------------------|---|-----------------------------|
| 12:00 pm - 13:00 pm | EURIPA Executive Committee meeting (Closed Meeting - Room C) | |
| 12:30 pm - 14:00 pm | Registrations | |
| 14:00 pm - 14:30 pm | Coffee Break/Posters distribution | |
| 14:30 pm - 16:15 pm | Opening Ceremony and keynote speeches (Room A) | |
| 16:15 pm - 17:15 pm | Oral Presentations (Room A) | Oral Presentations (Room B) |
| 17:15 pm - 17:30 pm | Coffee Break/Posters distribution | |
| 17:30 pm - 18:30 pm | Round Table 1 (Room A) | |
| 18:30 pm - 20:00 pm | Workshop 3 (Room A) | Workshop 2 (Room B) |

Friday, November 3, 2017

| | | |
|---------------------|--|-----------------------------|
| 09:00 am - 10:15 am | Oral Presentations (Room A) | Oral Presentations (Room B) |
| 10:15 am - 10:45 am | Coffee Break/Poster Walk 1 (Room C) | |
| 10:45 am - 11:45 am | Round Table 2 (Room A) | |
| 11:45 am - 13:15 pm | Workshop 4 (Room A) | Workshop 8 (Room B) |
| 13:15 pm - 14:00 pm | Lunch Break/Posters | |
| 14:00 pm - 15:30 pm | Invited speeches (Room A) | Workshop 5 (Room B) |
| 15:30 pm - 16:00 pm | Coffee Break/ Poster Walk 2 (Room C) | |
| 16:00 pm - 17:00 pm | EURIPA AGM 2017 (Closed meeting - Room C) | |
| 16:00 pm - 17:00 pm | Oral Presentations (Room A) | Oral Presentations (Room B) |
| 17:00 pm - 18:00 pm | Round Table 3 (Room A) | |
| 18:00 pm - 19:00 pm | Discussion Panel (Room A) | |
| 19:45 pm | Rural Dinner | |

Saturday, November 4, 2017

| | | |
|---------------------|-------------------------------------|---------------------|
| 09:00 am - 10:30 am | Workshop 6 (Room A) | Workshop 1 (Room B) |
| 10:30 am - 11:00 am | Coffee Break/Poster Walk 3 (Room C) | |
| 11:00 am - 12:00 pm | Keynote speeches (Room A) | |
| 12:00 pm - 13:30 pm | Closing Ceremony (Room A) | |
| 13:30 pm | Lunch | |

Dear Friends and Colleagues,

It is our pleasure to welcome you to the 7th EURIPA Rural Health Forum, which is taking place in Panormo, Crete, Greece, on 2 - 4 of November 2017. This year's Forum is entitled "Rural Renaissance" and focuses on the importance of rural health in a constantly changing environment, predominated by the ongoing European financial and refugee crisis. The Forum is designed to bring together physicians, health professionals and medical trainees, working in rural health settings. It also offers the opportunity for everyone to contribute in discussing important issues regarding population health and health care services' delivery in rural settings, through sessions, lectures and workshops.

The aim of the 2017 meeting is to promote synergy and solidarity between rural health practitioners, researchers, health policy makers and academicians. The program includes a wide range of interesting topics focusing on rural research, education and practice, summarized in seven major plenary themes: "Implementation science in rural settings", "Ecology and environmental change", "Cancer and rurality: Inspire action, take action", "Lifestyle and health with focus on smoking and nutrition", "financial and refugee crisis and the role of rural communities", "Healthy and active ageing and wellbeing", and "education and training of rural GPs". A wide range of networks and working parties have been also invited to contribute to the Forum by joining their forces in workshops and round tables promoting integrated and interdisciplinary approaches of health care.

It is well known that Greece has been affected by the economic crisis and the Greek population struggles from austerity which has had a profound impact on people living in rural areas. As such, we feel it very fitting that our Forum is being held on the beautiful island of Crete, where issues related to rural health populations are more evident today than ever. Together we will discuss not only the issues being faced but also solutions. Together we will increase our collective capacity to improve practice and research in rural health settings to better meet the needs of residents.

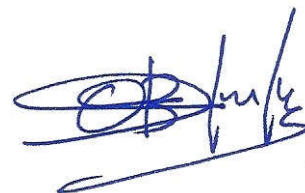
We wish you a productive and enjoyable Forum!

Christos Lionis, MD, PhD, FRCGP(Hon), FWONCA
FESC



Chair of the Scientific Committee
Professor of General Practice and Primary Health
Care
School of Medicine University of Crete

Theodoros Vasilopoulos, MD, MSc



Chair of the Local Organizing Committee
Member of the Council of WWRPR, EURIPA Executive
Committee, European General Practice Research
Network (EGPRN), ESC Heart Failure Association (HFA)

DETAILED PROGRAMME

Thursday, November 2, 2017

| 12:00 pm - 13:00 pm | EURIPA Executive Committee meeting (closed meeting at Room C) | |
|---------------------|--|---|
| 12:30 pm - 14:00 pm | Registration | |
| 14:00 pm - 14:30 pm | Coffee Break/Posters distribution | |
| 14:30 pm - 16:15 pm | <p style="text-align: center;">Opening Ceremony (Room A) Welcome from:</p> <ul style="list-style-type: none"> • Prof. Christos Lionis (Chair of the Scientific Committee) and Dr. Theodoros Vasilopoulos (Chair of the Local Organizing Committee) <ul style="list-style-type: none"> • Bishop Eugenios (Invited; Bishop of Rethymno & Avlopotamos) • Prof. Odysseas Zoras (Invited; Rector of the University of Crete) • Prof. Georgios Kontakis (Invited; Dean of the Medical Faculty) • Prof. Jean-Pierre Jaquet and Mrs. Jane Randall-Smith (On behalf of the EURIPA) <ul style="list-style-type: none"> • Mrs. Maria Lionis (Invited; Region of Crete, Regional Unit of Rethymnon) • Mr. Dimitris Kokkinos (Invited; Mayor of the Municipality of Mylopotamos) <ul style="list-style-type: none"> • Dr. Eleni Mavromati (Invited; Health Region of Crete) <p style="text-align: center;">Key note speeches</p> <p style="text-align: center;"><u>Chairs:</u> Prof. Christos Lionis and Dr. Theodoros Vasilopoulos Key note speakers: Prof. Mehmet Urgan and Dr. Konstantina Gavriilidou</p> | |
| 16:15 pm - 17:15 pm | <p style="text-align: center;">Oral Presentations (Room A) <u>Chairs:</u> F. Petrazzuoli and C. Lionis</p> <p>O11. Problems of Ukrainian rural primary care - V. Tkachenko</p> <p>O21. Catastrophic health care payments in Greek rural areas: Change for renaissance - P. Koufopoulou, A. Vozikis, K. Souliotis, D. Ithakisios</p> <p>O10. Introducing financial incentives for rural PHC doctors - A. Prusaczyk, P. Żuk, S. Szafraniec-Buryło, M. Kalisz, M. Guzek, A. Kordowska, T. Włodarczyk</p> <p>O22. Creation of a practice-based research network in a rural area of Crete - T. Vasilopoulos, D. Varthalis, N. Tsakountakis, F. Voltyraki, F. Anastasiou, C. Lionis and all members of Network “G. Lamprakis”</p> | <p style="text-align: center;">Oral Presentations (Room B) <u>Chairs:</u> D. Kurpas and E. Smyrnakis</p> <p>O15. Frequent urinary tract infection diagnosis at primary health care level - E. Aligizakis, N. Gryllaki, M. Rafailidou, E. Taplidou</p> <p>O18. A rare case of vertigo and imbalance in primary care - M. Antonopoulou, S. Koutsouraki, E. Doulgeraki</p> <p>O19. French website to optimize the dose adjustment of anticoagulants - I. Cibois-Honnorat</p> <p>O25. Dermoscopy workshop - I. Cibois-Honnorat</p> |
| 17:15 pm - 17:30 pm | Coffee Break/Posters distribution | |
| 17:30 pm - 18:30 pm | <p style="text-align: center;">Round Table 1 (Room A) <u>Chair:</u> M. Papadakaki</p> <p>Demographic and societal challenges for the Greek primary health care: Is the health care team ready to respond? - F. Gialitaki, M. Papadakaki, F. Anastasiou</p> | |
| 18:30 pm - 20:00 pm | <p style="text-align: center;">Workshop 3 (Room A)</p> <p>Traditional vs. school medicine in rural locations: "friends with benefits"? - O. V. Kravtchenko</p> | <p style="text-align: center;">Workshop 2 (Room B)</p> <p>Behaviour-change medical education for obesity management in primary care - E. Smyrnakis, ER. E. Vekiloglou (onsite support), A. Wylie, A. Stephenson (online connection)</p> |

DETAILED PROGRAMME

Friday, November 3, 2017

| | | |
|---------------------|---|--|
| 09:00 am - 10:15 am | Oral Presentations (Room A) <u>Chairs:</u> O. V. Kravtchenko and J. B. Kern O17. Decline of childhood vaccination-The role of the General Practitioner- E. Aligizakis , E. Taplidou, M. Rafailidou, N. Gryllaki O2. Primary health Care in rural areas - a comprehensive, inter-professional approach - M. Herrmann , M. Wöpking O26. Dermatoscope use in general practice: 'The doctor's best friend' - S. Naimer O7. Quality indicators of primary healthcare centres in rural areas - A. Athanasiadou , M. Guzek, T. Vasilopoulos, D. Kurpas O6. Indicators of Effective Home Care for Patients with a Chronic Cardiovascular Disease - E. Szlenk-Czyczerska , M. Guzek, A. Prusaczyk, D. Bielska, A. Ławnik, P. Polański, D. Kurpas | Oral Presentations (Room B) <u>Chairs:</u> I. Tsiligianni and J. P. Jacquet O3. Beliefs, perceptions and behaviours towards chronic lung diseases in rural populations of Crete - A fresh air study - D. Sifaki-Pistolla, E. A. Brakema, V. E. Chatzea, A. Karelis, M. Anastasaki , A. Bertsias, I. Tsiligianni, S. Papadakis, C. C. Poot, M. J. J. van der Kleij, C. Lionis, N. H. Chavannes O12. The relationship between socioeconomic status and empowerment levels of type 2 diabetes mellitus patients seen in a diabetes clinic in Turkey - T. Bıyıklıoğlu , M. Ungan O14. Stress disorders with the rural population in Crete due to the economic crisis - N. Gryllaki, E. Aligizakis , E. Taplidou, M. Rafailidou O20. Antibiotic use without medical prescription in rural area of Crete - T. Vasilopoulos , D. Varthalis, A. Tsireka, K. Gavrilidou, T. Nikolouzakis, I. Poulorinakis O13. Who will be the next generation of (Hungarian) rural GPs? - A. Mohos , P. Torzsa, M. Markó-Kucsera, A. Varga |
| 10:15 am - 10:45 am | Coffee Break/Poster Walk 1 (Room C) P1. Environmental support in Focus Project - A. Soll , K. Szwamel, M. Golachowska, I. Wilk, K. Kassolik, L. Warsz, A. Prusaczyk, M. Guzek, J. Zachara, J. Jawny, D. Kurpas P2. Rural physician in Slovenia: education, training and lifelong learning - M. Mozina P3. The coordination of services between hospital emergency departments and primary care centers - K. Szwamel, D. Kurpas P8. Oral complications from cancer treatment - D. Dimitriadi , S. Triantafyllou, I. Stefanaki, S. Tokatlidou, C. Mylonakis P9. Practical interventions into the rural communities of Rethymnon: a study protocol - M. Antonopoulou, K. Chliveros | |
| 10:45 am - 11:45 am | Round Table 2 (Room A) <u>Chair:</u> C. Lionis Environmental exposures and the health outcomes during the austerity period: The role of primary health care in rural areas - M. Vafeiadi, D. Sifaki-Pistolla, M. Anastasaki | |
| 11:45 am - 13:15 pm | Workshop 4 (Room A) How EURIPA can bid for a call for European research project, The EIT Health example - J. B. Kern, J. Randall-Smith, D. Kurpas, F. Petrazzuoli, Z. Ammari, J. P. Jacquet | Workshop 8 (Room B) Ultrasound workshop - I. Cibois-Honnorat |
| 13:15 pm - 14:00 pm | Lunch Break/Posters | |
| 14:00 pm - 15:30 pm | Invited speeches (Room A) C. Vardavas, S. Piritos | Workshop 5 (Room B) Collaborative prioritisation, planning and |

| | | |
|---------------------|---|---|
| | | preparation for future funded research calls - C. Lionis, F. Petrazzuoli, C. Kendir, D. Kurpas, J. P. Jacquet, J. B. Kern, J. Randall-Smith, J. Kenkre |
| 15:30 pm - 16:00 pm | Coffee Break/Poster Walk 2 (Room C) | |
| | <p>P4. Influence of Mass media on the viewpoint about self-diagnosis in a rural and semi-urban area of Crete - T. Vasilopoulos, N. Tsakountakis, D. Varthalis, E. Vogiatzi, T. Nikolouzakis, P. Kottaras, I. Kapasakis</p> <p>P5. Lumbago and depression in a rural area of Crete - T. Vasilopoulos, D. Varthalis, E. Trachanatzi, D. Vasilakis, K. Chatzinaki, E. Gergiannaki, T. Nikolouzakis</p> <p>P6. Vaccine coverage in patients with neoplasia in a rural area of Crete - T. Vasilopoulos, D. Varthalis, P. Zampakidou, M. Damianaki, E. Zervaki, T. Nikolouzakis, I. Papadakis</p> <p>P7. Maternal lactation in a rural region - F. Gialitaki, T. Vasilopoulos, N. Tsakountakis, D. Varthalis, T. Nikolouzakis, T. Moshopoulos, G. Arseni, I. Poulorinakis</p> <p>P10. The GP-bus! A new method of recruitment to rural Denmark - C. Svanholm</p> | |
| 16:00 pm - 17:00 pm | EURIPA AGM 2017 (closed meeting at Room C) | |
| 16:00 pm - 17:00 pm | Oral Presentations (Room A) <u>Chairs:</u> R. Oikonomidou and E. Smyrnakis | Oral Presentations (Room B) <u>Chairs:</u> F. Anastasiou and S. Papadakis |
| | <p>O23. National Pilot Program for Prevention and Health Promotion on Elderly Population - Iponi. Topic for 2017: "Prevention of dementia and early treatment of the disease and its consequences" - E. Chatzicharalampous</p> <p>O24. Development of actions and interventions to raise awareness and inform the student population in the context of Health Education at a National level - E. Chatzicharalampous</p> <p>O1. Aging, rural, community-based general practice: a student approach - M. Herrmann, M. Wöpking</p> <p>O16. Falls in elderly people at primary health care - M. Rafailidou, E. Taplidou, N. Gryllaki, E. Aligizakis</p> | <p>O4. Smoking Cessation: The reality provided from USF Corgo health care center - R. João</p> <p>O5. Women, Call your Men! - Preventive care in Slovakia - B. Blahova, K. Dostalova</p> <p>O8. Variables modulating burnout of home caregivers' of cancer patients in rural areas - M. Gawlik, M. Guzek, A. Prusaczyk, D. Bielska, L. Marcinowicz, D. Kurpas</p> <p>O9. The impact of rural environment on Systemic Lupus Erythematosus - I. Gergianaki, A. Fanouriakis, C. Adamichou, G. Spyrou, P. Sidiropoulos, D. T. Boumpas, G. Bertsiaris</p> |
| 17:00 pm - 18:00 pm | Round Table 3 (Room A) <u>Chairs:</u> C. Lionis, I. Tsiligianni and S. Papadakis | |
| | Funded research projects in primary health care: The role of rural GPs - A. Angelaki, C. Girvalaki, D. Sifaki-Pistolla, M. Anastasaki (CRC, FRESHAIR, TITAN, SPIMEU) | |
| 18:00 pm - 19:00 pm | Discussion Panel (Room A) | |
| | Calls for Action in European Rural Health - the voice of EURIPA IAB - D. Kurpas, F. Petrazzuoli, J. Randall-Smith, J. P. Jacquet, J. Kenkre, A. Mohos, B. Hansen, K. Javorská, S. Naimer, R. Oikonomidou, D. Gindrovel, V. Tkachenko | |
| 19:45 pm | Rural Dinner | |
| | Registration (email: info@euripaforum2017.eu); Departure at 19:45 pm from the venue Fee= 35 euro (can be paid on site at the registration table) | |

DETAILED PROGRAMME

Saturday, November 4, 2017

| | | |
|---------------------|--|---|
| 09:00 am - 10:30 am | <p>Workshop 6 (Room A) Rural Family Doctors, who are you? The definition of "Rural General Practitioner" across Europe - B. Hansen, D. Kurpas, F. Petrazzuoli</p> | <p>Workshop 1 (Room B) Prevention, identification and management of family violence - P. Ouvrard</p> |
| 10:30 am - 11:00 am | <p>Coffee Break/Poster Walk 3 (Room C) P11. Prevalence of elder abuse and preferable response strategies in urban and rural settings of Crete - M. Papadakaki, M. Andreadaki, E. Barkalaki, J. Chliaoutakis P12. Multimorbidity pattern including eyes diseases in a rural population of Crete - K. Chliveros, I. Tsilianni, A. Bertias, M. Tsilimbaris, I. Pallikaris, C. Lionis P13. Treating acute lumbago at the rural clinic - E. Aligizakis, N. Gryllaki, M. Rafailidou, E. Taplidou P14. Headaches and migraines at the rural clinic - E. Aligizakis, N. Gryllaki, E. Taplidou, M. Rafailidou P15. Ultrasound in general practice - I. Cibois-Honnorat P16. Weight loss barriers for overweight/obese adults in rural areas - E. Vekiloglou, A. B. Haidich, A. Benos, E. Griva, E. Smyrnakis P17. Networking in Health Prevention Issues: The Case of the National School Network of Health Prevention in Greece - E. Kavazidou, C. Lionis, E. Miliarakis P18. Diabetes and oral health. A neglected area in a rural setting - I. Stefanaki, D. Dimitriadi, S. Triantafillou, C. Mylonakis</p> | |
| 11:00 am - 12:00 pm | <p>Key note speeches (Room A) Chairs: J. P. Jacquet and D. Kurpas Key note speakers: Dr. Ferdinando Petrazzuoli and Dr. Berit Hansen</p> | |
| 12:00 pm - 13:30 pm | <p>Closing Ceremony (Room A)</p> <ul style="list-style-type: none"> • Short speech by Dr. Andreas Xanthos (Invited; Greek Minister of Health) <ul style="list-style-type: none"> • Manousos Klados (Invited; Municipality of Mylopotamos) • Farewell by Prof. Christos Lionis (Chair of the Scientific Committee) and Dr. Theodoros Vasilopoulos (Chair of the Local Organizing Committee) • Poster and oral presentation award by Dr. Dimitra Sifaki-Pistolla (Co-chair of the Local Organizing Committee) and Mrs. Marilena Anastasaki (Member of the EURIPA Organizing Committee) <ul style="list-style-type: none"> • Traditional songs and dances | |
| 13:30 pm | <p>Lunch</p> | |

Pre and post-conference tours and rural dinner

Wednesday, November 1, 2017 Excursion:

09:30 Departure from Royal Blue Hotel Panormo

09:45 Margarites Square

10:30 Departure from Margarites

10:45 Arrival at the Museum of the Archaeological Site of Eleftherna

12:00 Departure from the Museum of the Archaeological Site of Eleftherna

12:30 Arrival at the Monastery of Arkadi

14:00 Departure from the Monastery of Arkadi and return to Royal Blue Hotel Panormo



Sunday, November 5, 2017 Excursion:

09:30 Departure from Royal Blue Hotel Panormo

09:45 Arrival at the Cave of Melidoni

10:30 Departure from the Cave of Melidoni

11:00 Arrival at the Cave of Zoniana

11:40 Departure from the Cave of Zoniana

12:00 Arrival in Anogia - Building "AKOMM" - PSILORITIS - Guided tour to the Psiloritis Natural Park Information Center for half an hour - Transfer and guided tour of the Digital Museum of the Archaeological Site of Zominthos - Ideon Andros.

13:30 Departure from Anogia - return to Royal Blue Hotel Panormo



Friday, November 3, 2017 Rural dinner:

Join us in the "Rural dinner" that will be held on 3rd of November (Friday) and enjoy the Cretan cousin, wine, music and hospitality. You could declare your presence in the info@euripaforum2017.eu and buy the "coupon" on site at the registration table (final prize: 35 Euro)

19:45 Departure from Royal Blue Hotel Panormo to the Kalaitzaki Restaurant of Roumeli

23:00 Departure from the "Kalaitzaki Restaurant of Roumeli" and return to Royal Blue Hotel Panormo



ENDORSEMENTS

The 7th EURIPA Rural Health Forum "Rural Renaissance" warmly thanks the following organisations for their support and cooperation



World Organization of National Colleges, Academies and Academic Associations of General Practitioners/Family Physicians



Περιφέρεια Κρήτης

Region of Crete

Περιφερειακή Ενότητα Ρεθύμνου

**Region of Crete
Regional Unit of Rethymnon**



The European Rural and Isolated Practitioners Association



SYGENIAR

Association of General Practitioners NHS Primary Health Care of Rethymnon Crete



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ
7^η ΥΓΕΙΟΝΟΜΙΚΗ ΠΕΡΙΦΕΡΕΙΑ ΚΡΗΤΗΣ

7th Health Region of Crete



Practice-Based Research Network "G. Lamprakis"

Municipality of Mylopotamos



University of Crete



School of Medicine, University of Crete

ENDORSEMENTS

The **organizing and the scientific committee** of the 7th EURIPA Rural Health Forum “Rural Renaissance” would like to express their gratitude to:

- the **Region of Crete - Regional Unit of Rethymnon** for providing the conference material, offering a number of gift-bags for all speakers and a special gift for the key note speakers.
- the **Municipality of Mylopotamos** for organizing and offering the pre and post conference excursions, providing the drinks and local goods and organizing the traditional shows for the welcome and closing reception and offering traditional gifts to the participants.
- the **7th Health Region of Crete** and the **School of Medicine of the University of Crete**, for supporting and communicating the forum to the associated primary care networks and units in Crete.

The **local organizing committee** would also like to acknowledge:

- the significant contribution and support of the **European Rural and Isolated Practitioners Association (EURIPA)** towards the organization of a successful conference.
- the core role of the **scientific committee** in evaluating the submitted abstracts and monitoring the quality standards of this year’s forum.
- all **partners, authorities and scientific bodies** involved in the organization of the forum, as well as the “**Sensimar Royal Blue Resort Spa**” for hosting the conference and expressing the exceptional Cretan hospitality to the participants.